



## IronMEN Cross of Glory Men's Mentoring Information

IronMEN is a Biblical faith-based support ministry designed for men to grow in their walk with the Lord as they share resources and experiences with each other. The goal is to develop open and honest, Christ-centered relationships where men will feel united and connected to one another, while receiving spiritual guidance, support, acceptance and encouragement. This will be accomplished by establishing mentor/mentee relationships with the following expectations:

### A Mentor:

- Is committed to his relationship with Christ and other believers in Christ's body
- Comes alongside another man to sharpen and be sharpened by the Word of God and healthy interaction
- Builds relationship based on respect and trust
- Shares his experiences, knowledge and his heart to encourage and be encouraged as a fellow learner
- Is a good listener and a positive role model
- Prays for the man he is mentoring and establishes goals with accountability for the relationship
- Establishes times and methods to get together with the goal of at least one meeting per month
- Establishes appropriate boundaries and is prepared to refer mentee to other resources if needed
- Commits to one year of mentoring relationship, with a 60 day check in period with IronMEN leadership
- Is committed to maintaining confidentiality, except where bound legally or ethically to do otherwise
- Agrees to liability waiver on application
- Agrees to be accountable to the IronMEN ministry leadership for encouragement, direction and support

### A Mentee:

- Desires to grow in his relationship to Christ
- Desires to share and learn from another man—Is willing to be accountable to another
- Builds relationship based on respect and trust
- Agrees to times and methods for availability with his mentor, committing to at least one meeting per month
- Establishes measurable goals with his mentor
- Respects appropriate boundaries with his mentor and is open to other community-based resources if needed
- Is committed to maintaining confidentiality
- Commits to one year of mentoring relationship, with a 60 day check in period with IronMen leadership
- Agrees to liability waiver on application
- Agrees to be accountable to the IronMEN ministry leadership for encouragement, direction and support

*As Iron sharpens iron, so one man sharpens another.*

*Proverbs 27:17*

**IronMEN Mentor Application** Page 1 of 3

First Name and Last Name \_\_\_\_\_

Email Address \_\_\_\_\_

Birthday-month and day \_\_\_\_\_

Address \_\_\_\_\_

City, State, and Zip Code \_\_\_\_\_

Home phone \_\_\_\_\_

Work phone \_\_\_\_\_

Cell phone \_\_\_\_\_

Marital status \_\_\_\_\_

Do you have children? Yes/no. If yes, please provide gender and ages. \_\_\_\_\_

Do you have any specialized training or education, including language skills?

Please list interests, hobbies or activities that you enjoy

What life experiences have you had that may have prepared you to be a mentor?

Specifically, the following are some areas where mentors may be needed. Please check those areas where you feel most capable of mentoring. This list is not exhaustive; feel free to add others that may not be listed. Also, please provide any additional comments regarding your experience and interests that might be helpful in finding an appropriate match.

**Spiritual growth**

Prayer \_\_\_\_\_  
Journaling \_\_\_\_\_  
Sharing your faith \_\_\_\_\_  
Studying God's Word \_\_\_\_\_  
Accountability \_\_\_\_\_  
Other \_\_\_\_\_  
\_\_\_\_\_

**Parenting**

Babies \_\_\_\_\_  
Small children \_\_\_\_\_  
Parenting teens \_\_\_\_\_  
Single parenting \_\_\_\_\_  
Adoption \_\_\_\_\_  
Child with a disability \_\_\_\_\_  
Other \_\_\_\_\_  
\_\_\_\_\_

**Relationships**

Empty nesters \_\_\_\_\_  
Marriage stress \_\_\_\_\_  
Divorce \_\_\_\_\_  
Single \_\_\_\_\_  
Elderly parents \_\_\_\_\_  
Blended family \_\_\_\_\_  
Other \_\_\_\_\_  
\_\_\_\_\_

**Health/Loss**

Retirement \_\_\_\_\_  
Job loss \_\_\_\_\_  
Grieving \_\_\_\_\_  
Illness \_\_\_\_\_  
Addictions \_\_\_\_\_  
Other \_\_\_\_\_  
\_\_\_\_\_

**Emotional Well-being**

Job stress \_\_\_\_\_  
Financial stress \_\_\_\_\_  
Loneliness \_\_\_\_\_  
Depression \_\_\_\_\_  
Abuse \_\_\_\_\_  
Work/life balance \_\_\_\_\_  
Other \_\_\_\_\_  
\_\_\_\_\_

Add comments or notes as desired below...

Would you prefer a mentee who is about your age, younger, older, or age doesn't matter?

Have you committed your life to Christ and are you seeking to serve Him?

Why do you want to serve as a mentor?

Can you commit to the requirements for a mentor listed on the cover page of this application?

What days and times would you be most available to meet with your mentee?

When are you available to begin mentoring?

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**Please sign waiver:**

I, the undersigned, understand that this Mentoring program is an encouragement/peer assistance ministry. It is not a professional counseling service. I understand that neither Cross of Glory nor the mentee can be held responsible for information or advice given or not given. Information is shared in confidence between mentor and mentee. However, if something is revealed that is illegal, life threatening, or could endanger a minor, elder, or vulnerable adult (including abuse or neglect of a minor, elder, or vulnerable adult), I understand that Cross of Glory or the mentee may be required to report it to proper authorities, and I agree to permit this disclosure to the proper authorities. I hereby waive and release any claims I might otherwise have had arising from my participation in the mentoring program and activities, including any claims for injury or damages of any kind. In the case of a dispute or conflict arising from my participation in the mentoring program, I will resolve it according to the by-laws of Cross of Glory and Biblically-based mediation/arbitration if necessary. Additionally, I will participate in a background check before approval as a mentor, if deemed necessary.

Mentor Applicant \_\_\_\_\_ date \_\_\_\_\_

Thank you for your interest in mentoring and for taking the time to fill out this application. Please submit your application in an envelope to the church office, attn: IronMEN

A member of the Men's Mentoring ministry will be in touch with you within three weeks of submission of your application. Refer questions or concerns to Brad Severson—brad.severson@gmail.com

**IronMEN Mentee Application Page 1 of 3**

First Name and Last Name \_\_\_\_\_

Email Address \_\_\_\_\_

Birthday-month and day \_\_\_\_\_

Address \_\_\_\_\_

City, State, and Zip Code \_\_\_\_\_

Home phone \_\_\_\_\_

Work phone \_\_\_\_\_

Cell phone \_\_\_\_\_

Marital status \_\_\_\_\_

Do you have children? Yes/no. If yes, please provide gender and ages. \_\_\_\_\_

\_\_\_\_\_

Please list interests, hobbies or activities that you enjoy

In what areas would you like to work with a mentor?

The following are some potential areas for mentoring. Please check the area(s) where you would most like to work with a mentor. This list is not exhaustive; feel free to add something else that may not be listed. Also, please provide any additional comments regarding your needs and interests that might be helpful in finding an appropriate mentor for you.

**Spiritual growth**

Prayer \_\_\_\_\_  
Journaling \_\_\_\_\_  
Sharing your faith \_\_\_\_\_  
Studying God's Word \_\_\_\_\_  
Accountability \_\_\_\_\_  
Other \_\_\_\_\_  
\_\_\_\_\_

**Parenting**

Babies \_\_\_\_\_  
Small children \_\_\_\_\_  
Parenting teens \_\_\_\_\_  
Single parenting \_\_\_\_\_  
Adoption \_\_\_\_\_  
Child with a disability \_\_\_\_\_  
Other \_\_\_\_\_  
\_\_\_\_\_

**Relationships**

Empty nesters \_\_\_\_\_  
Marriage stress \_\_\_\_\_  
Divorce \_\_\_\_\_  
Single \_\_\_\_\_  
Elderly parents \_\_\_\_\_  
Blended family \_\_\_\_\_  
Other \_\_\_\_\_  
\_\_\_\_\_

**Health/Loss**

Retirement \_\_\_\_\_  
Job loss \_\_\_\_\_  
Grieving \_\_\_\_\_  
Illness \_\_\_\_\_  
Addictions \_\_\_\_\_  
Other \_\_\_\_\_  
\_\_\_\_\_

**Emotional Well-being**

Job stress \_\_\_\_\_  
Financial stress \_\_\_\_\_  
Loneliness \_\_\_\_\_  
Depression \_\_\_\_\_  
Abuse \_\_\_\_\_  
Work/life balance \_\_\_\_\_  
Other \_\_\_\_\_  
\_\_\_\_\_

Add comments or notes as desired below...

Are you looking for a mentor with any specialized training or education, or language skills? \_\_\_\_\_  
\_\_\_\_\_

**IronMEN Mentee Application Page 3 of 3**

Would you prefer a mentor who is about your age, younger, older, or age doesn't matter?

What are your expectations for the mentoring relationship?

Can you commit to the requirements for a mentee listed on the cover page of this application?

What days and times would you be most available to meet with your mentor?

When are you available to begin working with your mentor?

-----**Please sign  
waiver:**

I, the undersigned, understand that this mentoring program is an encouragement/peer assistance ministry. It is not a professional counseling service. I understand that neither Cross of Glory nor the mentor can be held responsible for information or advice given or not given. Information is shared in confidence between mentor and mentee. However, if something is revealed that is illegal, life threatening, or could endanger a minor, elder, or vulnerable adult (including abuse or neglect of a minor, elder, or vulnerable adult), I understand that the mentor is required to report it to proper authorities, and I agree to permit this disclosure to the proper authorities. I hereby waive and release any claims I might otherwise have had arising from my participation in the mentoring program and activities, including any claims for injury or damages of any kind. In the case of a dispute or conflict arising from my participation in the mentoring program, I will resolve it according to the by-laws of Cross of Glory and Biblically-based mediation/arbitration if necessary.

Mentee Applicant \_\_\_\_\_ date \_\_\_\_\_

Thank you for your interest in mentoring and for taking the time to fill out this application. Please submit your application in an envelope to the church office, attn: IronMEN

A member of the Men's Mentoring ministry will be in touch with you within three weeks of submission of your application. Refer questions or concerns to Brad Severson—brad.severson@gmail.com