

CROSS OF GLORY CHILDREN'S MINISTRY

INSIGHTS FOR PARENTS

Summarized by Eileen O'Leary

The Bible gives us clear teaching how we are to parent our children. Here is a highlight from our recent Parenting Class at CofG entitled, "**Spiritual Parenting: An Awakening for Today's Families**" by **Michelle Anthony** on the subject of discipline.

Course Correction

Biblical discipline with a specific focus on the end goal of healing.

Based on Hebrews 12: 11-13 - No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it. Therefore, strengthen your feeble arms and weak knees. Make level paths for your feet, so that the lame may not be disabled, but rather healed.

When your child misbehaves, biblical discipline follows through with correction, using 3 steps.

Pain - Give a consequence that is child specific - not just your parenting style.

Child Specific - because children respond to consequences differently. While time outs work for some, it does not work for all. Find a consequence that works for your child. Consistency in consequences is crucial. Be patient. A one-time application of pain does not result in healing.

Strengthen what was broken down. We build up the child in love by saying I love you, hugging, showing words of affection - offering words of encouragement that the child can change and then tell your child that the misbehavior does not define them.

Make a straight and level path. Plot out the new course for them. Teach them what it means to change - tell them what the appropriate behavior would be and why. Acknowledge they will need God's help to choose this. Celebrate when your child chooses the right behavior!

*Important Aspect of Course Correction - **Allow a time for grace** - because it shows our children God's character. Make sure to tell your children why this time you are administering grace.

